Website Bio for Harriet Seymore

Harriet Seymore is a leading Organizational Safety and Risk Management expert who helps transform leaders, empowering them with the skills to inspire their employees, overhaul their work culture, and influence positive outcomes in all aspects of their business. Over the course of her career, Harriet has worked with some of the top names in the energy and chemical industries, including BP, Royal Dutch Shell, Exelon, Cenovus, Indorama, and Amoco. Her work has touched on a wide range of corporate safety issues, including risk management, environmental safety, social responsibility, improving corporate-level safety scores, and linking front-line safety to leadership behaviors. Harriet develops educational and training curriculums that use her decades of industry experience and the latest published research to simulate real-life situations. Her training programs facilitate open communication and interactions between leaders and their employees.

Harriet's expertise includes behavioral safety, change management, leadership development, safety and risk management, curriculum development, culture assessment, and organizational behavior. She is also the founder and President of HLS Visions- Empowering Leaders and Building Safe Workplaces: Where Productivity Thrives Without Compromising Safety. Her published works include *We're Gonna Need a Bigger Boat: Charting a Course Towards a Positive Safety Culture*—released in 2023—and multiple articles in HLS Visions and Occupational Health & Safety Magazine Online.